麥克的睡覺小羊

El Rebaño

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麥克的睡覺小羊 is a story about being true to oneself, reimagining the traditional tale of counting sheep to fall asleep with humor and imagination. The story follows a sheep who refuses to conform to established rules, and her unique approach ultimately leads to unexpected outcomes. Through first-person allegorical narration, the book explores themes of non-conformity and individual thinking.

This book is great for children aged 4 and above because it provides important lessons and learning opportunities:

- 1. Being True to Yourself: The story encourages children to stick to their own ideas and not blindly follow others, fostering independence and self-confidence.
- 2. Unleashing Imagination: Through its whimsical narrative, the book inspires imagination, prompting children to explore different solutions and possibilities.
- 3. Sleep and Counting Sheep: It humorously addresses the concept of counting sheep to fall asleep, a familiar scenario for many children and families, helping children understand the importance of sleep in a lighthearted manner.



散步 (sàn bù) - to take a walk 打盹 (dǎ dǔn) - to take a nap

專屬 (zhuān shǔ) - exclusive

呼叫 (hū jiào) - to call out

柵欄 (zhà lán) - fence

繼續 (jì xù) - to continue

遇到 (yù dào) - to encounter

特殊 (tè shū) - special

集合 (jí hé) - to gather

堅持 (jiān chí) - to insist

任性 (rèn xìng) - willful

郵差 (yóu chāi) - postman

急件 (jí jiàn) - urgent matter

一言不發 (yī yán bù fā) - to remain silent

助跑 (zhù pǎo) - a short distance run

消失 (xiāo shī) - to disappear

Follow-up questions

Why did the fourth sheep refuse to jump over the fence?

第四隻羊為什麼拒絕跳過柵欄?

How would you describe the character of the fourth sheep?

你如何描述第四隻羊的性格?

If you were one of the sheep, what would you have done to solve the problem?

如果你是其中一隻羊,你會如何解決這個問題?

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Do you think it's important to help others, even if it's difficult? Why?

你認為幫助他人,即使困難,也很重要嗎? 為什麼?

màikè de shuìjiào xiǎoyáng 麥克 的 睡覺 小羊



dāng yī zhī xiǎoyáng hěn jiǎndān 當一隻小羊很簡單。 Being a little sheep is easy.

měitiān zhi̇ýào sànbù chī cǎo dǎdǔn háiyǒu bāng dàjiā rùshuì 每天只要散步、吃草、打盹,還有幫大家入睡。
Every day, we just walk around, eat grass, nap, and help people fall asleep.

měigerén dōu yǒu zìjǐ de zhuānshǔ de shuìjiào xiǎoyáng 每個人都有自己的專屬的睡覺小羊。 Everyone has their own special sleepy sheep.

> wŏmen jiùshì màikè de shuìjiào xiǎoyáng 我們 就是 麥克 的 睡覺 小羊 。 We are Mike's sleepy sheep.

dāng měidāng màikè shuì bùzháo shí jiù huì hūjiào wŏmen 當每當麥克睡不著時,就會呼叫我們, Whenever Mike can't sleep, he calls us,

> ér wŏmen zhǐyào tiào guò zhàlán 而 我們 只要 跳 過 柵欄。 and we just have to jump over the fence.

měicì dōu shì ànzhào shùnxù tiào 每次都是按照順序跳: We always jump in order: dì zhī tiào wán 第1隻跳完、 The 1st sheep jumps,

dì zhī yáng 第2隻羊、 Then the 2nd sheep,

ránhòu dì zhī 然後第3隻 And then the 3rd sheep.

shuìjiào xiǎoyáng yī zhī yī zhī àn shùnxù jìxù tiào 睡覺 小羊一隻一隻按順序繼續跳, The sleepy sheep keep jumping one by one,

> zhídào màikè shuìzháo wéizhǐ 直到 麥克 睡著 為止。 until Mike falls asleep.

dāng yī zhī shuìjiào xiǎoyáng hěn jiǎndān 當一隻睡覺小羊很簡單, Being a sleepy sheep is easy,

zhǐyào chóngfù qítā xiǎoyáng de dòngzuò jiù hǎo le 只要 重複 其他 小羊 的 動作 就 好 了 。 we just repeat what the other sheep do.

suīrán yǒushíhou huì yùdào yīxiē tèshū zhuàngkuàng 雖然 ... 有時候 會 遇到 一些 特殊 狀況 。 Although... sometimes, special things happen.



yǒu yītiān wǎnshang màikè xiàng píngcháng yīyàng hūjiào wǒmen 有一天晚上,麥克像平常一樣呼叫我們。 One night, Mike called us like usual.

wǒmen zài zhàlán qián jíhé zhǔnbèi yī zhī jiēzhe yī zhī tiào guòqu 我們在柵欄前集合、準備一隻接著一隻跳過去。 We gathered in front of the fence, ready to jump one by one.

> zhī yáng zhī yáng zhī yáng 1隻羊、2隻羊、3隻羊... 1 sheep, 2 sheep, 3 sheep...

hào xiǎoyáng ne hào xiǎoyáng shuō "4號小羊呢?"5號小羊說。 "Where's sheep number 4?" said sheep number 5.

zhè lǐ tā zài zhè lǐ zuìhòu yī zhī xiǎoyáng dàhǎn "這裡! 他在這裡!"最後一隻小羊大喊。 "Here! He's over here!" shouted the last sheep.

gāi nǐ tiào le suǒyǒu xiǎoyáng shuō "該你跳了!"所有小羊說。 "It's your turn to jump!" all the sheep said.

wǒ bùyào tiào zhàlán hǎo fán wo sì hào xiǎoyáng huídá "我不要! 跳柵欄好煩喔!"四號小羊回答。 "I don't want to! Its not fun!" replied sheep number 4.

dànshì xiǎoyáng gōngyuē shàng méi xiĕ yùdào zhèzhŏng qíngkuàng gāi zěnmebàn

但是 小羊 公約 上 沒 寫 , 遇到 這種 情況 該 怎麼辦 ? But there were no rules for what to do in this situation. wŏmen jīngyà dào mùdèngkŏudāi yìkŏutóngshēng dàhǎn hào xiǎoyáng bùxiǎng tiào zhàlán

我們 驚訝 到 目瞪口呆 , 異口同聲 大喊:"4號 小羊 不想 跳 柵欄!

We were all shocked and shouted together: "Sheep number 4 doesn't want to jump the fence!"

kěshì gāi nǐ tiào le dàjiā dōu hěn jiānchí "可是該你跳了!"大家都很堅持。
"But it's your turn!" everyone insisted.

wǒ rèn zhēn xiǎng guò le wǒ jiùshì bùyào tiào hào xiǎoyáng shuō "我認真想過了,我就是不要跳!"4號小羊說。
"I've thought about it, and I just don't want to jump!" said sheep
number 4.

nǐ xiǎng guò le gànmá xiǎng tiào guòqu jiù hǎo la "你想過了!? 幹嘛想,跳過去就好啦。" "You've thought about it!? Why think about it, just jump."

hǎo fán wo měicì dōu yào zuò tóngyàng de shìqing "好煩喔,每次都要做同樣的事情。" "It's so boring, doing the same thing every time."

rúguŏ ni bù tiào màikè jiù shuì bùzháo le érqiĕ tā míngtiān jiù bùhuì shǔ yáng gǎi shǔ zhū le

"如果你不跳,麥克就睡不著了!而且,他明天就不會數羊,改數豬了!"

"If you don't jump, Mike won't be able to sleep! And tomorrow, he might count pigs instead of sheep!"

wǒ bùguǎn wǒ jiùshì bùxiǎng tiào "我不管,我就是不想跳!" "I don't care, I just don't want to jump!"



tiào tiào tiào xiǎoyáng men bàituō zhe "跳!跳!跳!"小羊們拜託著。 "Jump! Jump! Jump!" the sheep begged.

bié nào le kuài tiào "別鬧了,快跳!" "Stop it, jump!" bùyào bùyào wǒ bùyào "不要,不要,我不要!" "No, no, I don't want to!"

tīnghuà qù páiduì "聽話! 去排隊!" "Listen! Get in line!" hào xiǎoyáng gēn shānyáng yīyàng wángù shízài ná tā méibànfǎ 4號小羊跟山羊一樣頑固,實在拿他沒辦法。

Sheep number 4 was as stubborn as a goat, and we didn't know what to do with him.

ni zhèyàng huì biànchéng rènxìng xiǎoyáng ràng wŏmen shuìjiào xiǎoyáng hěn diūliǎn

miē miē miē miē miē 咩-咩-咩-咩-咩-Baa-baa-baa-baa-baa-

"你這樣會變成任性小羊!讓我們睡覺小羊很丟臉!"
"You're being a naughty sheep! You're making us sleepy sheep look
bad!"

yī tuán hùnluàn zhōng tūrán yǒu gè yóuchāi chuǎng le jìnlái 一團混亂中,突然有個郵差闖了進來。 In the chaos, suddenly a mail carrier burst in.

tiào tiào tiào xiǎoyáng mén jiào "跳! 跳! 跳!"小羊門叫。 "Jump! Jump! Jump!" the sheep chanted.

> hào xiǎoyáng de jí jiàn yóuchāi gāohǎn "4號小羊的急件!"郵差高喊。 "Urgent letter for sheep number 4!" the mail carrier shouted.

dànshì hào xiǎoyáng háishi shuō bùyào bùyào wǒ bùyào

dàjiā bùzài miē miē jiào quánbù ānjìng xiàlai 大家 不再 咩咩 叫 , 全部 安靜 下來 。 Everyone stopped baaing and became quiet.

Urgent

但是 4 號 小羊 還是 說:"不要! 不要! 我 不要!" But sheep number 4 still said: "No! No! I don't want to!"

> jí jiàn 急件

shízhōng dīdā dīdā zǒu màikè háishi shuì bùzháo 時鐘 滴答 滴答 走, 麥克 還是 睡 不著。 The clock ticked and ticked, and Mike still couldn't sleep.

hào xiǎoyáng shòu 4號小羊受 For: Sheep number 4



zhè shì hěn jiǔ hěn jiǔ yǐqián de shìqing le 這是很久很久以前的事情了。 That was a long, long time ago.

jijiànrén màikè 寄件人: 麥克 From: Mike

hào xiǎoyáng dǎkāi xìn lái dú wán zhīhòu tā yīyánbùfā háobùyóuyù de zŏuxiàng zhàlán

4 號 小羊 打開 信 來 。 讀 完 之後 , 他 一言不發 , 毫不猶豫 的 走向 柵欄 。

Sheep number 4 opened the letter. After reading it, he said nothing and walked towards the fence without hesitation.

tā kāishǐ zhùpǎo 他開始助跑。 He started to run.

zhè shì yī gè wánměi de tiàoyuè 這是一個完美的跳躍! It was a perfect jump!

hào xiǎoyáng tiào dé hǎo gāo hǎo yuàn shēnyi̇́ng yùláiyù xiǎo yùláiyù xiǎo

4 號 小羊 跳 得 好 高 , 、 好 遠 , 身影 愈來愈 小 , 愈來愈 小 , Sheep number 4 jumped so high, so far, his figure got smaller and smaller,

zhídào biànchéng xiǎoxiǎo yīdiǎn zuìhòu xiāoshī bùjiàn 直到 變成 小小 一點 , 最後 消失 不見 。 until he was just a tiny dot, and then disappeared. zhídàoxiànzài wŏmen háishi bùzhīdào hào xiǎoyáng qù le na lǐ nà fēng jí jiàn dàodǐ xiě le shénme

直到現在 , 我們 還是 不知道 4 號 小羊 去 了 哪 裡 、 那 封 急件 到底 寫 了 什麼 。

To this day, we still don't know where sheep number 4 went, or what the urgent letter said.

dàn zuì bàng de shì zìcóng nàtiān wănshang yihòu mài kě dōu shuì dehěn hǎo zàiyě bùxūyào zhǔ yáng le

但最棒的是,自從那天晚上以後,麥可都睡得很好,再也不需要屬羊了。

But the best part is, ever since that night, Mike has slept very well and never needed to count sheep again.

hào xiǎoyáng qiú qiú nǐ tiào ba 4號小羊,求求你跳吧。 Sheep number 4, please jump.

méiyǒu nǐ wǒ shuì bùzháo màikě jìngshàng 沒有你,我睡不著。麥可敬上。 Without you, I can't sleep. - Love, Mike.