

# 总有一个吃包子的理由

There is always a reason to eat Baozi



Overview

《总有一个吃包子的理由》是一个超温馨的故事！它庆祝食物在我们的回忆和家人之间的重要作用。故事讲述了一个小朋友非常想吃包子，然后和妈妈之间发生的爱心互动。小朋友对包子的渴望唤起了许多美好的回忆，有关以前和家人一起吃美食的回忆。当小朋友跟妈妈商量要吃包子时，也表达了对奶奶煮的食物的思念，让我们知道食物在家人之间真的很特别哦！

1. 食物和家人的感情：书中告诉我们，食物能让家人更亲近，一起度过美好时光，还能让我们记住很多开心的事情。
2. 爱的烹饪：在华人文化里，为家人做饭是一种爱的表达。书中的妈妈会为小朋友准备很多好吃的食物，因为她爱她的宝贝。
3. 认识华人传统：故事中的包子是中国特色的食物哦。通过这本书，你会了解到中国的烹饪传统，还能尝试一下哦。
4. 怀念美好：小朋友对奶奶的思念让我们知道，珍惜回忆和传统是很重要的，也会让我们更懂得爱我们的家人。

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Glossary

韭菜包子 (jiǔcài bāozi) - Steamed buns with chives.

豆沙包 (dòushā bāo) - Red bean buns.

馒头 (mántou) - Steamed buns with no filling.

青蛙 (qīngwā) - Frog.

玫瑰豆沙包 (méiguì dòushā bāo) - Rose sweet red bean buns.

梅干菜包子 (méi gān cài bāozi) - Pickled Mustard Greens buns

桂花豆沙包 (guì huā dòu shā bāo) - Osmanthus sweet bean buns

包子爷爷 (bāozi yéye) - Grandpa buns.

灌汤包 (guàn tāng bāo) - Soup dumplings.

小倭瓜 (xiǎo wōguā) - A vegetable similar to gourds or squash

甜甜的 (tián tián de) - Sweet.

蛋糕 (dàngāo) - Cake.

说话算话哟 (shuōhuà suàn huà yō) - Keep your promise.

外婆(wàipó) - Grandma

BUDS

Follow-up questions

- 1 如果你能创造属于你的特别包子，你会用什么材料？
- 2 你有一种特别喜欢的食物让你想起家人和家吗？
- 3 吃你最喜欢的食物让你有什么感觉？
- 4 如果你能进行一次魔幻美食之旅，你想去哪里？

# 总有一个吃包子的理由

There is always a reason to eat Bun



Overview

BUDS

总有一个吃包子的理由 is a heartwarming story that celebrates the important role of food in our memories and connections with family, especially in Chinese culture. The story is about a little child who really wants to eat 包子 and the loving interactions with their mom. The child's desire for buns brings back many happy memories of eating delicious food with family. The child expresses how much they miss their grandmother's cooking, showing us that food is really special among family members!

Key Takeaways:

1. Food and Family Love: Food brings families closer together and helps us make happy memories together.
2. Cooking with Love: In Chinese culture, cooking for family is a way to show love. In the book, the mom prepares lots of yummy food for the child because she loves them.
3. Learning About Chinese Traditions: Through this book, you can learn about the different types of baozi and how to make them.
4. Cherishing Happy Moments: The child's memories of their grandmother show us that it's important to cherish memories and traditions.

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- 梅干菜包子 (méi gān cài bāozi) - Preserved vegetable buns
- 桂花豆沙包 (guì huā dòu shā bāo) - Osmanthus sweet bean buns
- 包子爷爷 (bāozi yéye) - Grandpa buns.
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- 蛋糕 (dàngāo) - Cake.
- 说话算话哟 (shuō huà suàn huà yō) - Keep your promise.
- 外婆 (wàipó) - Grandma

Follow-up questions

- 1 If you could create your own special baozi, what ingredients would you use?
- 2 Do you have a favorite food that reminds you of home and family?
- 3 How does eating your favorite food make you feel?
- 4 If you could go on a magical food journey, where would you want to go?"



## 总有一个吃包子的理由

Zǒng yǒu yīgè chī bāozi de lǐyóu  
There's always a reason to eat baozi ( buns).

哇! 好香啊!  
Wā! Hǎo xiāng a!  
Wow! It smells so good!

再来一笼!  
Zàilái yī lóng!  
Another basket, please!

新包子出笼喽!  
Xīn bāozi chū lóng lou!  
Fresh baozi are out of the steamer!

妈妈, 我想吃包子!  
Māmā, wǒ xiǎng chī bāozi!  
Mom, I want to eat baozi!

饿了吧? 桌上有蛋糕。  
È le ba? Zhuōshàng yǒu dànɡāo.  
Are you hungry? There's cake on the table

可是我想吃包子!  
Kěshì wǒ xiǎng chī bāozi!  
But I want to eat baozi!

昨天才吃了包子呀!  
Zuótiān cái chī le bāozi ya!  
You just had Baozi yesterday!

可是, 昨天上学, 今天我不是又上学了吗? 妈妈, 今天的作业好多啊!

Kěshì, zuótiān shàngxué, jīntiān wǒ bùshì yòu shàngxué le ma? Māmā, jīntiān de zuòyè hǎoduō a!  
But, I went to school yesterday and I'm going to school again today, right? Mom, I have a lot of homework today!

那就先做作业吧! 等一会儿饭就好了...  
Nà jiù xiān zuò zuòyè ba! Dēng yīhuì'er fàn jiù hǎo le...  
Then, do your homework first! The meal will be ready in a while...

可是...  
Kěshì...  
But...

我做了你爱吃的海鲜哦!  
Wǒ zuò le nǐ ài chī de hǎixiān ó!  
I made your favorite seafood dishes!

妈妈, 我们好像很久没去看外婆了...  
Māmā, wǒmen hǎoxiàng hěnjiǔ méi qù kàn wàipó le...  
Mom, it seems like we haven't visited grandma for a long time...

想外婆了? 那周末我们就去外婆家吧。外婆做了好多梅干菜, 给我们留着呢。

Xiǎng wàipó le? Nà zhōumò wǒmen jiù qù wàipó jiā ba.  
Wàipó zuò le hǎoduō méiguāncài, gěi wǒmen liúzhe ne.  
Do you miss grandma? Then let's visit her this weekend.  
Grandma made a lot of preserved mustard greens for us.



太好了，梅干菜包子很好吃呢。啊，好想吃啊...

Tài hǎo le, méiguān lài bāozi hěn hǎo chī ne. Ā, hǎo xiǎng chī a...  
Great! Grandma's Pickled Mustard Greens Baozi is delicious. Ah, I  
really want to eat them...

我给外婆打个电话，  
Wǒ gěi wàipó dǎ gè diànhuà,  
I'll give grandma a call,

让她周末给你蒸一锅梅干菜包子。

Ràng tā zhōumò gěi nǐ zhēng yī guō méiguān cài bāozi.  
So that she can steam a pot of Pickled Mustard Greens baozi for  
you this weekend.

要不，你先吃个冰激凌？  
Yào bù, nǐ xiān chī gè bīngjīlíng?  
How about having an ice cream first?

冰激凌？哼，外婆说冰激凌会在我的肚子里捣乱，会把我吃的东西  
冻成一坨冰！

Bīngjīlíng? Hēng, wàipó shuō bīngjīlíng huì zài wǒ de dùzi lǐ dǎoluàn,  
huì bǎ wǒ chī de dōngxī dòngchéng yī tuó bīng!  
Ice cream? Huh, grandma said ice cream will cause chaos in my  
belly and freeze everything I eat into a block of ice!

要不，先给我买个豆沙包？  
Yào bù, xiān gěi wǒ mǎi gè dòushā bāo?  
How about buying me a red bean paste bun first?

它和冰激凌一样，也是甜甜的。嘻嘻！  
Tā hé bīngjīlíng yīyàng, yě shì tiántián de. Xīxī!  
It's just as sweet as ice cream. Hehe!

蛋糕也是甜甜的，还是吃蛋糕吧。

Dàngāo yě shì tiántián de, hái shì chī dàngāo ba.  
The cake is also sweet. Let's have the cake instead.

—可是，我不喜欢吃烤的，包子是蒸出来的...  
Yī kěshì, wǒ bù xǐhuan chī kǎo de, bāozi shì zhēng chūlai de...  
But, I don't like baked food, baozi is steamed...

馒头地是蒸出来的。吃馒头吧？

Mántou de shì zhēng chūlai de. Chī mantou ba?  
Mantou is also steamed. How about eating mantou?

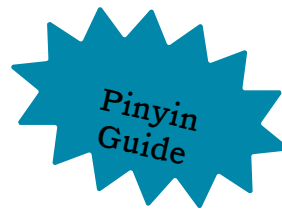
可是馒头没有馅儿呀.....  
Kěshì mántou méiyǒu xiànr ya...  
But mantou doesn't have filling...

一想到包子我就流口水！  
Yī xiǎngdào bāozi wǒ jiù liú kǒushuǐ!  
Baozi is so delicious that it makes my mouth water just thinking about  
it!

别说那么多了，我已经买了蛋糕了。  
Bié shuō nàme duō le, wǒ yǐjīng mǎi le dàngāo le.  
Stop talking so much, I already bought the cake.

妈妈，明天早餐我再吃蛋糕好不好？  
Māmā, míngtiān zǎocān wǒ zài chī dàngāo hǎo bù hǎo?  
Mom, can I have the cake for breakfast tomorrow?

我说话算话，要是耍赖，就让我变成青蛙。  
Wǒ shuōhuà suàn huà, yàoshi shuǎlài, jiù ràng wǒ biàn chéng qīngwā.  
I'll keep my word. If I don't, I'll turn into a frog.



我可不想当青蛙的妈妈!  
Wǒ kě bù xiǎng dāng qīngwā de māmā!  
I don't want to be a frog's mom!

我知道，你是我的好妈妈，你是最会讲故事的妈妈。  
Wǒ zhīdào, nǐ shì wǒ de hǎo māmā, nǐ shì zuì huì jiǎng gùshì de māmā.  
I know, you're the best mom, the best storyteller mom ever!

嘿嘿，你知道吗？昨天晚上，包子爷爷也给我讲故事了！  
Hēi hēi, nǐ zhīdào ma? Zuótiān wǎnshàng, bāozi yéyē yě gěi wǒ jiǎng gùshì le!  
Hehe, you know what? Last night, baozi grandpa also told me stories!

小馋猫，哪里来的包子爷爷！是不是又做梦了？  
Xiǎo chán māo, nǎlǐ lái de bāozi yéyē! Shì bùshì yòu zuò mèng le?  
You little foodie, where did you come up with Grandpa Baozi? Did you dream about him?

嘻嘻.....包子真的有好多故事。而且好多你没听过呢！  
Xīxī... bāozi zhēn de yǒu hǎoduō gùshì. Érqiě hǎoduō nǐ méi tīng guò ne!  
Hehe... baozi really has many stories. And many that you haven't heard!

妈妈，你知道为什么是桂花豆沙包，而不是玫瑰豆沙包吗？  
Māmā, nǐ zhīdào wèishéme shì guìhuā dòushā bāo, ér bùshì méiguī dòushā bāo ma?  
Mom, do you know why it's osmanthus red bean paste bun instead of rose-syrup red bean paste bun?

你知道为什么灌汤包爱喝饮料吗？  
Nǐ zhīdào wèishéme guàntāng bāo ài hē yǐnliào ma?  
Do you know why soup dumplings love to drink beverages?

你知道为什么小傻瓜那么怕冷，非要住在包子皮里面吗？  
Nǐ zhīdào wèishéme xiǎo wō guā nàme pà lěng, fēi yào zhù zài bāozi pí lǐmiàn ma?  
Do you know why the little squash is so afraid of the cold and insists on living inside the baozi skin?

你知道韭菜为什么喜欢鸡蛋吗？  
Nǐ zhīdào jiǔcài wèishéme xǐhuān jīdàn ma?  
Do you know why chives like eggs?

你知道肉包子打狗的结果是什么吗？这些你都知道吗？  
Nǐ zhīdào ròubāozi dǎ gǒu de jiéguǒ shì shénme ma? Zhèxiē nǐ dōu zhīdào ma?  
Do you know the result of meat buns attacking dogs? Do you know all of these?

°好了好了，其实，我也喜欢吃包子，因为它...很好吃！  
Hǎo le hǎo le, qíshí, wǒ yě xǐhuān chī bāozi, yīnwèi tā... hěn hǎo chī!  
Okay, okay, actually, I also like to eat baozi.... because ... it tastes really good!

妈妈，我们现在就去吃包子吧！周末再去外婆家，我还要给外婆讲故事呢！

Māmā, nà wǒmen xiànzài jiù qù chī bāozi ba! Zhōumò zài qù wàipó jiā, wǒ hái yào gěi wàipó jiǎng gùshì ne!  
Mom, let's go eat baozi now! We'll visit Grandma on the weekend, and I still want to tell her stories!



好吧，我的包子儿子！  
Hǎo ba, wǒ de bāozi érzi!  
Alright, my little baozi son!

妈妈，我好饿呀！  
Māmā, wǒ hǎo è ya!  
Mom, I'm so hungry!

我—要—吃—包—子！  
Wǒ—yào—chī—bāo—zi!  
I - want - to - eat - baozi!

那好吧，蛋糕明天再吃。  
Nà hǎo ba, dànɡāo míngtiān zài chī.  
Alright then, we'll have the cake tomorrow.

说话算话哟，明天早餐时你可不能变成青蛙，我真的不想给青蛙当妈妈。

Shuōhuà suàn huà yō, míngtiān zǎocān shí nǐ kě bù néng biàn chéng qīngwā, wǒ zhēnde bùxiǎng gěi qīngwā dāng māmā.  
Keep your promise, alright? Tomorrow's breakfast, you better not turn into a frog. I really don't want to be a frog's mom.

我不会变成青蛙的，咱们去包子铺吧，今天的包子可能又有新故事了！

Wǒ bù huì biàn chéng qīngwā de, zánmen qù bāozi pù ba, jīntiān de bāozi kěnéng yòu yǒu xīn gùshì le!  
I won't turn into a frog. Let's go to the baozi shop. There might be new stories about baozi today!

几年后的一个上午，毛毛接到一个电话。  
Jǐ nián hòu de yīgè shàngwǔ, máo máo jiēdào yīgè diànhuà.

Several years later, one morning, Mao Mao received a phone call.

什么时候回国？  
Shénme shíhòu huí guó?  
When are you coming back home?

下个月。  
Xià gè yuè.  
Next month.

外婆说等你回来，给你包包子吃！  
Wàipó shuō děng nǐ huí lái, gěi nǐ bāo bāozi chī!  
Grandma said she'll wait for you to come back and make baozi for you to eat!

嗯，好啊好啊！  
En, hǎo a hǎo a!  
Hmm, alright, alright!

明天，我请你们吃包子！  
Míngtiān, wǒ qǐng nǐmen chī bāozi!  
Tomorrow, I'll treat you to baozi!

为什么？  
Wèishéme?  
Why?

因为包子好吃，很好吃！  
Yīnwèi bāozi hǎo chī, hěn hǎo chī!  
Because baozi is delicious, very delicious!