



Overview

Rita y el dragon

While reading this fun and whimsical story with your child, go through the illustrations on each page to explain what Rita is experiencing. Rita went through a range of normal emotions and proactively conquered her fear. She was courageous to ask for help, became resourceful, and channeled her fear into action by trying to scare the imaginary dragon and karate kick her way to safety.

As parents and caregivers, we can provide children with a safe environment to have courage. Show how you face your fears and have courage.



Spanish/ English

¡Ohhh! ¿Y eso?
Parece algo MONSTRUOSO iy muy grande!
¡Apolo! ¿Me ayudas?
Yo sola no podré contra EL DRAGÓN.
¡Apolo!
Muy bien, no te necesito.
¡BUUUUUUUUUUUU!
Dragón, ¿sigues ahí?
¡Ahora verás! ¡iiiiiaaaaaa! ¡Wwoooooo! ¡Kiaaa!
Ups, me rindo.

¡Rita, Rita!
Creo que iremos a comer afuera.

Ohhh! What's that?
It seems like something MONSTROUS and very big!
Apollo! Can you help me?
I can't do it alone against THE DRAGON.
Apollo!
Alright, I don't need you.
BOOOOOOOOOOO!
Dragon, are you still there?
You'll see now! Yaaaaa! Wwoooooo! Kiaaa!
Uhh, I give up.

Rita, Rita!
I think we're going to eat out.